

LUNCH MENU - MIDDLE SCHOOL

SCHOOL YEAR 2009-2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1					
LINES 1 & 2	Pizza Choice Veggies & Dip Corn	Spicy Drummies or Meat Loaf Mashed Potatoes w/Gravy Green Beans Roll	Chicken Sandwich or Crispito w/Cheese Sauce Vegetable Choice Sunflower Nuts	Hot Ham & Cheese Croissant or B.B.Q. Sandwich California Blend Vegetables Hash Brown	Hamburger or Cheeseburger with toppings Fries
LINE 3	Sub Bar	Manager's Choice	Salad Bar	Potato Bar W/Soft Pretzel	Fettuccini Chicken Tossed Salad Bread Stick
WEEK 2					
LINES 1 & 2	Chicken Strips or Salmon Pattie Mashed Potatoes w/gravy, Pinto Beans & Peas Corn Bread	Pizza Choice Tossed Salad Vegetable	Hamburger or Cheeseburger (Seeded Bun) Toppings Fries	Spicy Chicken Sandwich or Corn Dog Tater Tots Baked Apples Cauliflower Salad Salad Bar	Soft Taco or Taco Salad Pinto or Refried Beans Corn on the Cob
LINE 3	Lasagna / Ziti Tossed Salad Bread Stick	Sub Bar	Chicken Stir Fry / Orange Chicken w/Egg Roll White Rice Pineapple		Soup* Sandwich Choice Baby Carrots w/dip
WEEK 3				MONTH 1	MONTH 2
LINES 1 & 2	Chicken Rings or Chicken Fried Steak Mashed Potatoes w/Gravy Green Beans Roll Baked Apples	Hamburger or Cheeseburger (Seeded Bun) with toppings Fries Baked Beans	Burrito Bar	Manager's Choice	Brunch for Lunch
LINE 3	Beef Stew Rice or Biscuit Tossed Salad Cheese Sticks	Chicken Fajita Mexican Rice Corn	Salad Bar	Manager's Choice	Potato Bar
				MONTH 1	MONTH 2
LINES 1 & 2	Spicy Chicken Sandwich or Barbeque Sandwich Macaroni & Cheese Baked Beans Slaw	Pizza Choice Tossed Salad Vegetable	Nacho Supreme Mexican Rice Corn	Chicken Nuggets or Fish Hash Brown Casserole Green Beans Roll	Sack Lunch
LINE 3	Spaghetti w/Meat Sauce Tossed Salad Peas/Carrots Bread Stick	Sub Bar	Salad Bar	Steak Sandwich/Cheese Baked Potato Broccoli	Sack Lunch

AUGUST							SEPTEMBER							OCTOBER							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
						1			1	2	3	4	5						1	2	3
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	
23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	
30	31																				

NOVEMBER							DECEMBER							JANUARY							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
1	2	3	4	5	6	7			1	2	3	4	5						1	2	
8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16	
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	
29	30						27	28	29	30	31			24	25	26	27	28	29	30	
														31							

FEBRUARY							MARCH							APRIL							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
	1	2	3	4	5	6		1	2	3	4	5	6						1	2	3
7	8	9	10	11	12	13	7	8	9	10	11	12	13	4	5	6	7	8	9	10	
14	15	16	17	18	19	20	14	15	16	17	18	19	20	11	12	13	14	15	16	17	
21	22	23	24	25	26	27	21	22	23	24	25	26	27	18	19	20	21	22	23	24	
28							28	29	30	31				25	26	27	28	29	30		

MAY							JUNE							JULY							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
						1			1	2	3	4	5						1	2	3
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	
23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	
30	31																				

HOLIDAY MEAL

- The last three weeks of school will be Manager's Choice Daily.
- Menus are subject to change without notice due to availability.

*Chili may be substituted for soup during winter months

Served Daily with all Meals: Fruit Choice and Milk

Dessert / Sweet Treat served with most meals.

Roll - may be fresh home-made white roll or fresh baked wheat roll.

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